



# ARITHARA KULIGAI

Ref:- Agastiyar Vaithiya Valladhi - 600



## Ingredients:

- Yellow sulphate of arsenic
- Calcium carbonate
- Copper sulphate
- Alovera juice
- Aconitum ferox

## Action:

Arithara Kuligai acts as an antipyretic agent used to manage Viral Fever cough and cold.

## Indications:

Arithara Kuligai can be prescribed for the following conditions

- Viral Fever
- Cold
- Cough

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
65~130 mg	Ghee	10 ml	Honey	10 ml	Y	Y	Y	-	3

**Direction** : - Make powder of the prescribed quantity of Arithara Kuligai, mix with 10 ml of Ginger Juice & 10 ml honey and consume 30 minutes before food.

## Diet Instructions:

Eat cooked plain rice mixed with hot milk, no salt. Drink hot milk ( 50% milk and 50% water diluted and boil) during the day.

## Side Effects:

Arithara Kuligai is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.